



Broomfield Cultural Affairs *presents*

Loosening Your Creative Voice:

An Interactive Workshop



Join us for this two-hour workshop that will nourish and loosen our creative voice, that inner conversation which too often is squelched by the busy demands of our everyday lives.

During our time together, we will explore activities that call attention to who we are and how we express our individuality.

We will write, create a sand tray scene, listen to music and poetry, and connect with the physicality of creative expression.

There is no right or wrong here - just fun, introspection, and a sharing of our discoveries in a safe place. We'll learn more about how we observe and how we respond to the immediate world, both around us and within us.

Workshop facilitators: Karen Douglass, BS, MA, MFA, poet, whose most recent book is *The Great Hunger* (Plain View Press, 2009). Visit her at kdsbookblog.blogspot.com.

Ellen Laverdure is a musician and visual artist; her artwork can be seen at www.ellenlaverdure.com

Sunday, March 28, 2010, 2:00 – 4:00 pm

Broomfield Auditorium Lobby Gallery • 3 Community Park Road, Broomfield

Workshop cost is \$20, payable at the door

Pre-register by phone:

Broomfield Cultural Affairs, 303-464-5835 or Ellen Laverdure, 303-495-3150

Pre-register by email: ellenlaverdure@ellenlaverdure.com, or kvdbooks@yahoo.com