

## **Community Support Groups/Organizations**

**HCP Family Support Group:** For families with children birth-21 years of age. A caring and non-judgmental place to share, learn and connect. They meet once a month. Please call 303-239-7013 for more information.

**Mile High Down Syndrome Association:** Support groups for families with children with Down syndrome. Please call 303-797-1699 for more information.

**Oasis Network:** Serves families with special needs or chronically ill children in Denver. They have a Mom's support group, Men's group and Marriage group seminar. Please contact Mary Ellen Patterson for any of these at

[www.oasisnetworkcolorado.org](http://www.oasisnetworkcolorado.org).

**Empower Colorado:** A statewide organization created by parents and families to provide support, education, and advocacy for parents and families of children with mental health issues. Contact at 1-866-123-4631 or

[www.empowercolorado.com](http://www.empowercolorado.com).

**Parent to Parent:** A support organization run by parents. They offer a Parent to Parent listserv, monthly newsletter and a statewide support/cluster groups. For more information call 1-877-472-7201 or [www.p2p-co.org](http://www.p2p-co.org).

**Autism Society of Colorado:** Provides statewide support to individuals with Autism Spectrum Disorder and their families in all aspects of the school and community. For more information call 720-214-0794.

**Family Voices:** A statewide organization available to help you understand government policy changes and help guide you through insurance issues, including the appeals process. Please call 1-800-881-8272.

**Exceptional Kids Club:** A monthly club open to all children with disabilities ages 4-16. This club offers social and recreational opportunities for children with special needs. 720-733-9509 or [www.exceptionalkids.org](http://www.exceptionalkids.org).

**The Discovery Club:** A once a month program providing respite for families and fun for participants. For more information call 303-233-1666 x 237.

**Health care transition training program:** Available online at no charge at <http://hctransitions.ichp.ufl.edu/ddcouncil/>.

**Free On line course offered on Transition:** self-directed online course helps parents of children with developmental disabilities understand and maximize the education system. [www.partnersinpolicymaking.com](http://www.partnersinpolicymaking.com).

**Transition Workbook:** To assist families with transitions.

[www.cdph.state.co.us/hcp/outcomes/six.html](http://www.cdph.state.co.us/hcp/outcomes/six.html)

**Special Olympics:** Fun recreational activities to allow for socialization while developing skills and self esteem. Please call 303-592-1361 for more information.

**Early Childhood Connections:** The Colorado Part C program. They have a strong commitment to fostering family leadership and involvement across the state. [www.earlychildhoodconnections.org](http://www.earlychildhoodconnections.org).