

72-HOUR PREPAREDNESS KIT

What is a 72-Hour Preparedness Kit?

A 72-Hour Preparedness Kit is used to meet a family or individual's basic survival needs for three days, in the event of an emergency. It is usually tailored to the liking of the individual. Some common rules followed are:

- **Store emergency supplies in one location** that is relatively safe, yet easily accessible, if evacuation is required.
- **Store items in a large container** such as a 32-gallon trash can with a lid, a suitcase, a duffel bag, footlocker, or individual pack.
- **Keep the supplies essential** so that there are not unnecessary items in the kit.

What Do I Need in my 72-Hour Preparedness Kit?

Each individual should customize the kit to meet their personal needs, but keep in mind that this reserve should be an all-hazard kit. You must ask yourself "what are the potential hazards in the City and County of Broomfield?" (*refer to BROOMFIELD HAZARDS*).

List of Items

Consider using some of these items when preparing your kit:

Emergency Needs

- A supply of non-perishable packaged or canned food (i.e., crackers, powdered milk, canned fruit, etc.)
- Battery-powered radio
- First-aid kit and manual
- Sleeping bags and blankets (wool & thermal)
- Manual can opener
- Waterproof / windproof matches
- Spare batteries
- Water and storage (1 gallon per day, per person)
- Water purification tablets
- Flashlight
- Utility knife
- Emergency candles
- Extra eyeglasses / contact lenses
- Essential medications
- Extra clothing
- First-aid manual
- Aspirin or pain relievers

Emergency Needs (cont.)

- Laxatives
- Rubbing alcohol
- Diarrhea medicine
- Soap
- Gauze
- Band-aids
- Triangular bandage (36"x36"x52")
- Elastic bandage
- Cotton balls
- Scissors
- Thermometer
- Sanitary napkins (pressure dressing)
- Micropore adhesive paper tape
- Tweezers
- Small splints, popsicle sticks
- Heavy string
- Sanitation kit (i.e., paper towels, disinfectant, etc.)
- Emergency cash, tools, phone numbers, pen and paper.
- Make copies of important papers, including medical insurance, Medicare card and insurance agent's name and number.

Portable Pet Emergency Kit

- Pet beds and toys, if easily transportable
- Sturdy leashes, harnesses, and a carrier to transport pets safely
- Medications, medical records, and a first aid kit
- Current photos of your pets in case they get lost
- Food, potable water, bowls, cat litter / pan and can opener
- Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian, in case you have to foster or board your pets.

Other Considerations

- Prepare a car survival kit (*refer to CAR SURVIVAL KIT on page 9*).
- Establish an out-of-state 24-hour telephone contact (*refer to EVACUATION*).