

# Lakeshore Cafe

**August 2010**

[www.broomfieldseniors.com](http://www.broomfieldseniors.com)

**RESERVATIONS NEEDED BY 4:00 PM THE DAY BEFORE**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>2</b> <b>Apple Walnut Stuffed Chicken</b> Baked Yams Green Beans Amandine Beet Salad Tapioca Pudding	<b>3</b> <b>Hot Beef Sandwich</b> Baked Potatoes Glazed Carrots Tomato Salad Pecan Pie	<b>4</b> <b>Healthy Hearts Italian Fish</b> Wild Rice Blend Summer Vegetables Baby Spinach Salad Fresh Cut Fruit	<b>5</b> <b>Old Fashioned Meatloaf</b> Mashed Potatoes Broccoli & Cauliflower Fresh Green Salad Jell-O	<b>6</b> <b>Luau Hawaiian Chicken Kabobs</b> Coconut Rice Asparagus w/Cashews Big Island Salad Pineapple Hawaiian Cake
<b>9</b> <b>Chicken Cordon Bleu</b> Rice Pilaf Stewed Tomatoes Cottage Cheese Salad Fresh Berry Pie	<b>10</b> <b>Cabbage Rolls</b> Potatoes Au Gratin Steamed Corn Crisp Romaine Salad Oatmeal Raisin Cookies	<b>11</b> <b>Egg Salad Croissant Sandwich</b> Tomato Wedge Macaroni Salad Pistachio Salad Sliced Peaches	<b>12</b> <b>Tuna Noodle Casserole</b> Scalloped Apples Peas Mixed Green Salad Brownies	<b>13</b> <b>Birthday Lunch California Chicken Salad</b> Fresh Cut Melon German Chocolate Cake
<b>16</b> <b>Salisbury Steak</b> Scalloped Apples Baby Carrots 4 Bean Salad Flan	<b>17</b> <b>Glazed Ham w/Applesauce</b> Mac & Cheese Brussels Sprouts Coleslaw Banana Cream Pie	<b>18</b> <b>Healthy Hearts Balsamic Salmon</b> Rice Pilaf Italian Vegetables Mixed Spinach Salad Fresh Fruit	<b>19</b> <b>Parmesan Chicken over Spaghetti</b> Broccoli Florets Garlic Bread Marinated Mushroom Salad Chocolate Mousse	<b>20</b> <b>Classic Chef Salad w/ Ham &amp; Turkey</b> Fresh Cut Melon Peanut Butter Cookies
<b>23</b> <b>Shredded Pork Soft Tacos</b> Spanish Rice Black Beans Pita Chips Green Leaf Salad Banana Pudding w/ginger Snap Cookies	<b>24</b> <b>Sweet &amp; Sour Chicken over Jasmine Rice</b> Veggie Egg Roll Carrot Raisin Salad Apple Dumpling	<b>25</b> <b>Stuffed Peppers</b> Roasted Rosemary Potatoes Buttered Peas Zucchini Salad Chocolate Pudding Cake	<b>26</b> <b>Pot Roast</b> Mashed Potatoes Roasted Squash Creamy Cucumber Salad Lemon Bars	<b>27</b> <b>Mediterranean Chicken Salad</b> Fresh Fruit Chocolate Zucchini Bread
<b>30</b> <b>Angus Bleu Cheese Burger on Kaiser Roll</b> Battered Zucchini Sticks Garden Salad Cherry Cobbler	<b>31</b> <b>Chicken Pesto Cavatappi</b> Garlic Bread Asparagus Caesar Salad Italian Ice			

Menu items are subject to change due to availability 303-464-5526.