

Lakeshore Cafe

February 2010

www.broomfieldseniors.com

RESERVATIONS NEEDED BY 4:00 PM THE DAY BEFORE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Alfredo w/Fettuccini Asparagus Garlic Rolls Caesar Salad Banana Cream Pie	2 Pork Loin w/Applesauce Stuffing Green Bean Casserole Beet Salad Brownies	3 Healthy Hearts Chicken Provençale Wild Rice Broccoli/Cauliflower Baby Spinach Salad Fresh Fruit	4 Old Fashioned Meatloaf Mashed Potatoes Baby Carrots Creamy Cucumber Salad Jell-O	5 Birthday Lunch & Super Bowl Party Beef Chili Cheese Dogs Potato Wedges Salad Bar Nacho Bar Devils Food Cake
8 Soft Chicken Tacos Refried Beans Spanish Rice Spinach Orange Salad Cherry Cobbler	9 Battered Fish Hush Puppies Stewed Tomatoes English Pub Salad Ice Cream Cups	10 Chinese New Year Sweet & Sour Chicken over Rice Veggie Egg Roll Mushroom Salad Tapioca Pudding	11 Italian Sausage Sandwich Grilled Red Potatoes Green Beans Amandine Tomato Salad Italian Ice	12 Valentine's Day Lunch Simmered Beef w/Horseradish Sauce Mashed Potatoes Dutch Beets Bleu Cheese & Walnut Salad Cupid's Cake
15 <p style="text-align: center;">Closed for President's Day</p>	16 Mardi Gras Sausage & Chicken Gumbo over Rice Southern Fried Catfish Green Louisiana Salad Red Velvet Cake	17 Healthy Hearts Italian Fish Rice Pilaf Roasted Vegetables Mixed Spinach Salad Fresh Melon	18 Liver & Onions Or Stuffed Peppers Baked Potatoes Steamed Corn Zucchini Salad Apple Pie	19 Veggie Wraps Cottage Cheese Vegetarian Soup Pasta Salad Chocolate Zucchini Bread
22 Chicken Parmesan over Spaghetti Broccoli Garlic Bread Crisp Romaine Salad Chocolate Cream Pie	23 Sliced Brisket BBQ Baked Beans Roasted Zucchini Potato Salad Sliced Peaches	24 Salisbury Steak Potatoes Au Gratin Green Beans Coleslaw Chocolate Chip Cookies	25 Glazed Ham Mac & Cheese Buttered Peas 4 Bean Salad Lemon Bars	26 Wellness Conference Teriyaki Tuna Steaks Wild Rice Fresh Spring Vegetables Mixed Baby Spinach Salad Fresh Fruit w/Whipped Topping

Menu items are subject to change due to availability 303-464-5526.