

Lakeshore Cafe

January 2010

www.broomfieldseniors.com

RESERVATIONS NEEDED BY 4:00 PM THE DAY BEFORE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Happy New Year Apple Walnut Stuffed Chicken Thigh Scalloped Potatoes Brussels Sprouts Pub Style Salad Banana Cream Pie	5 Beef Tamales Refried Beans Corn Medley Spinach Orange Salad Flan	6 Healthy Hearts Mustard Crusted Salmon Wild Rice Garden Vegetables Mixed Spinach Salad Fresh Cut Fruit	7 Beef Lasagna Garlic Bread Roasted Zucchini Caesar Salad Peanut Butter Cookies	8 Birthday Lunch Pot Roast Mashed Potatoes Baby Carrots Mixed Green Salad Marble Cake
11 Chicken Cordon Bleu Potatoes Au Gratin Stewed Tomatoes Crisp Romaine Salad Peach Cobbler	12 Pulled Pork Sandwich Baked Beans Cauliflower Coleslaw Pecan Pie	13 Tuna Noodle Casserole Scalloped Apples Buttered Peas Green Salad Hot Fudge Cake	14 Cabbage Rolls Scalloped Potatoes Buttered Corn Beet Salad Oatmeal Raisin Cookies	15 Chicken & Dumplings Glazed Carrots Buttermilk Biscuits Zucchini Salad Fruit Jell-O
18 Closed for Martin Luther King Day	19 Chicken Teriyaki over Jasmine Rice Vegetable Egg Roll Snow Peas Marinated Mushroom Salad Apple Dumplings	20 Healthy Hearts Citrus Tuna Steaks Cranberry Couscous Spring Vegetables Baby Spinach Salad Fresh Fruit	21 Beef Stroganoff over Wide Egg Noodles Sweet Peas Greek Tomato Salad Brownies	22 Roasted Pork Loin w/Sage Gravy Grilled Red Potatoes Spaghetti Squash Carrot Raisin Salad White Lemon Cake
25 Chicken Pot Pie Black Eyed Peas Winter Vegetables 4 Bean Salad Butterscotch Pudding	26 Glazed Ham Mac & Cheese Broccoli Green Pea Salad Chocolate Mousse	27 Swiss Steak Baked Potatoes Green Beans Amandine Creamy Cucumber Salad Apple Pie	28 Zesty Mustard Chicken Herbed Stuffing Asparagus Macaroni Salad Chocolate Zucchini Bread	29 Breakfast for Lunch Scrambled Eggs w/MILD Green Chili & Cheese Thick Cut Bacon Fruit Pancakes Cottage Cheese Sliced Peaches Muffins Orange Juice

Menu items are subject to change due to availability 303-464-5526.