

Lakeshore Cafe

March 2012

www.broomfieldseniors.com

RESERVATIONS NEEDED BY 4:00 PM THE DAY BEFORE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pulled Pork Sandwich Sweet Potato Fries Winter Vegetables Creamy Cucumber Salad 3 Berry Pie	2 Birthday Lunch Lasagna Rollups Fresh Green Beans Garlic Bread Garden Salad Devils Food Cake
5 Beef Chili w/Cheese Cornbread Scalloped Apples Green Pea Salad Banana Cream Pie	6 Zesty Mustard Chicken Roasted Red Potatoes Spaghetti Squash Carrot Raisin Salad Ice Cream Cup	7 Healthy Hearts Citrus Peppercorn Tilapia Herbed Rice Summer Vegetables Mixed Spinach Salad Fresh Cut Melon	8 Hot Beef Sandwich Baked Potatoes Thyme Baby Carrots Beet Salad Chocolate Chip Cookies	9 Veggie Burgers French Fries Stewed Tomatoes Coleslaw Fruit Jell-O
12 Glazed Ham Baked Yams Green Beans Amandine Ambrosia Salad Spiced Apple Rings	13 Soft Chicken Tacos Spanish Rice Refried Beans Zucchini Salad Lemon Cooler Cookies	14 Old Fashioned Meatloaf Mashed Potatoes Sweet Peas Fresh Green Salad Butterscotch Pudding	15 Chicken Alfredo over Fettuccini Broccoli Greek Tomato Salad Sherbet	16 St Patty's Day Lunch Corned Beef & Cabbage Boiled Parsley Potatoes Irish Soda Bread Muffins Pub Salad Irish Cream & Chocolate Bread Pudding
19 Beef Chimichangas Black Beans Corn Medley Tortilla Soup Green Salad Flan	20 Herb Roasted Pork Loin w/Sage Gravy Stuffing Brussels Sprouts Cottage Cheese Sliced Peaches	21 Healthy Hearts Garden Herbed Whitefish Wild Rice Spring Vegetables Baby Spinach Salad Fresh Fruit w/Berries	22 Beef Pot Roast Grilled Red Potatoes Glazed Carrots Mixed Greens Salad Peanut Butter cookies	23 Tuna Salad Sandwich Pickle Spear, Boiled Egg Tomato Cucumber Salad Broccoli Cheese Soup Chocolate Zucchini Bread
26 Balsamic Salmon Rice Pilaf Snow Peas Spinach Orange Salad Fruit Cup	27 Salisbury Steak Baked Potatoes Buttered Peas 4 Bean Salad Pecan Pie	28 Sweet & Sour Chicken over Rice Soybean Mix Veggie Egg Roll Asian Slaw Oatmeal Raisin Cookies	29 Stuffed Peppers Scalloped Potatoes Cauliflower Macaroni Salad Chocolate Mousse	30 Veggie Pizza Asparagus Minestrone Soup Romaine Salad Tiramisu

to change due to availability 303-464-5526.