

SUMMER Water Aerobics Schedule June 3 - August 18 , 2019

The H2O class at the Bay will begin June 3rd! You will need to have an annual pass or punch card that you will scan at the front desk when you enter! The Bay will not hold aerobics classes if the temp is under 60 degrees or if there is inclement weather or lightening.

The PDRC pool closes Aug 19-Aug 25 for maintenance . For more information, please see our website at www.broomfieldrecreation.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:00am	River Running PDRC Roxanne		Circuit Training PDRC Roxane		River Running PDRC Roxane		
7:15-8:15am		Hydro Dynamics PDRC Becky		Hydro Dynamics PDRC Becky			
8:00-9:00am	Fluid Motion PDRC Cindy	Arthritis PDRC Marilynn/Lynn	Fluid Motion PDRC Jeanne	Arthritis PDRC Marilynn/Lynn	Fluid Motion PDRC Cindy	Hydrodynamics PDRC Mike	
8:45-9:45am	H2O Cardio Bay Kathryn		H2O Cardio Bay Becky		H2O Cardio Bay Heidi		
9:00-10:00am					Arthritis PDRC Marilynn		
9:30-10:30am							Hydro Dynamics PDRC Kathryn
3:00-4:00pm	Arthritis Nancy PDRC		Arthritis PDRC				
7:00-8:00pm	Hydrodynamics PDRC Crystal	Hydrodynamics Bay Stephanie	Hydrodynamics PDRC Ann Mary	Hydrodynamics Bay Stephanie			



CC (Broomfield Community Center) 280 Spader Way 303-464-5500, PDRC (Paul Derda Recreation Center) 13201 Lowell Blvd 303-460-6900, Bay Outdoor Aquatic Park 250 Spader Way 303-464-5520