

SKILLS ASSESSMENT INFO.

Top Rope Skills assessment requires an age of 15+.

Tips for the assessment:

- Know the gear you are using
- Know the traced figure 8 knot & the appropriate finish knot. Know the appropriate length of rope needed and the placement for these knots along the rope.
- Set up the belay equipment correctly & appropriately for the gear you are using. Be familiar with all the gear being used.
- Clear & definitive partner checks.
- Lowering discussions with your climber. As the belayer offer lowering practice and guidance prior to climber climbing out of reach. Avoid assumptions of climber experience.
- Appropriate lowering speed and hand placements on the rope while lowering.
- This is an assessment of climbing skills, not a class or instruction based.

Lead Skills assessment requires an age of 18+.

Tips for the assessment:

- can climb 5.9 top rope
- test with a partner, both belay and climber sides of rope will be tested.
- Be practiced and confident in all skills related to indoor lead climbing and belaying.

Key points:

- Time frame to complete the assessment depends on how well you know the information and how busy it is at the wall when you arrive.
- All climbers will be required to complete a climbing wall orientation once the assessment is completed. This can take 10 -15 min.
- It can take more than one try to complete the assessment. We encourage you to come on your own or as an adult pair.
- All skills assessments and waivers are valid for one year.

AGES AND MORE

- We don't have a specific minimum age. Typically kids understand the concepts at about 4years old. Kids need to respond to stop and follow directions well. Using concepts from school help, listening ears, walking feet, taking turns and others. Having these conversations with little ones prior to arriving at the climbing wall helps them understand expectations.
 - We encourage all assessed parents to work with young kids multiple times before letting them climb out of their reach. Being comfortable with lowering is key before encouraging kids to climb higher on a top rope.
- All climbers 14 and under need to be accompanied by an adult 18 or older with a completed and current waiver.
- To boulder the requirement is to be top rope assessed (15+)
- To use the auto belay the requirement is to be top rope assessed (15+)
- Please keep in mind we are not a climbing gym.
- Max # of climbers in a group or family is 6.
- If at any time staff feel you are not comfortable or competent with the gear or skills required your access to the climbing wall can and will be denied.
- If at any time you feel unsure of your skills it is your responsibility to opt out of the activity. Climbing is dangerous and requires ongoing practice and participation. You are welcome to repeat a skills assessment at anytime throughout the year, even though you are current in our records.

CLIMBING WALL



PAUL DERDA
RECREATION CENTER

MARCH 2018



Jan 26 2018

WWW.BROOMFIELDRECREATION.COM

303-460-6900

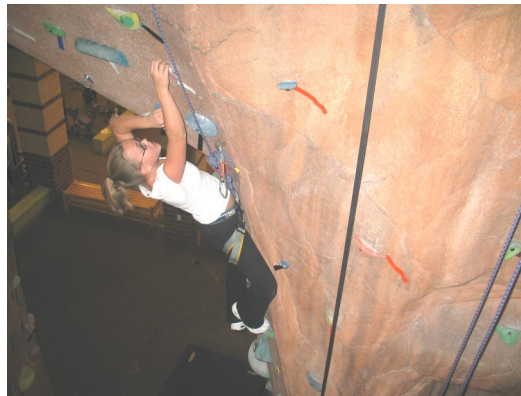
MARCH 2018 CLIMBING INFORMATION

Notes and reminders:

- Everyone must have a completed waiver and release on file.
- We provide all equipment needed at no cost. *You must provide a Broomfield Recreation Services I.D. card to check out any equipment.*
- Top rope/Lead assessments will be given during designated hours.
- All climbers 14 and under need to be accompanied by an adult 18 or older, with a completed and current waiver. At age 15 you can participate (with an assessed climber or as an assessed climber) without an adult present.
- To boulder & to use the Auto Belay you will be required to successfully complete a top rope assessment of skills & wall orientation. Age 15+
- Max # of climbers in a group or family is 6.
- All instruction is provided by staff.

Gaining access to the climbing wall requires an assessment of top rope climbing skills. Once this has been completed you are welcome to bring “guest climbers” to climb.

- A “guest climber” must be 1:1 with the assessed climber while in the climbing area. All other climbers can be watching from outside the fenced area, waiting to take a turn.
- A “guest climber” will only have access to a top rope while the assessed climber belays for them.
- No strollers or car seats with kiddos of any age in the fenced area or left unattended.



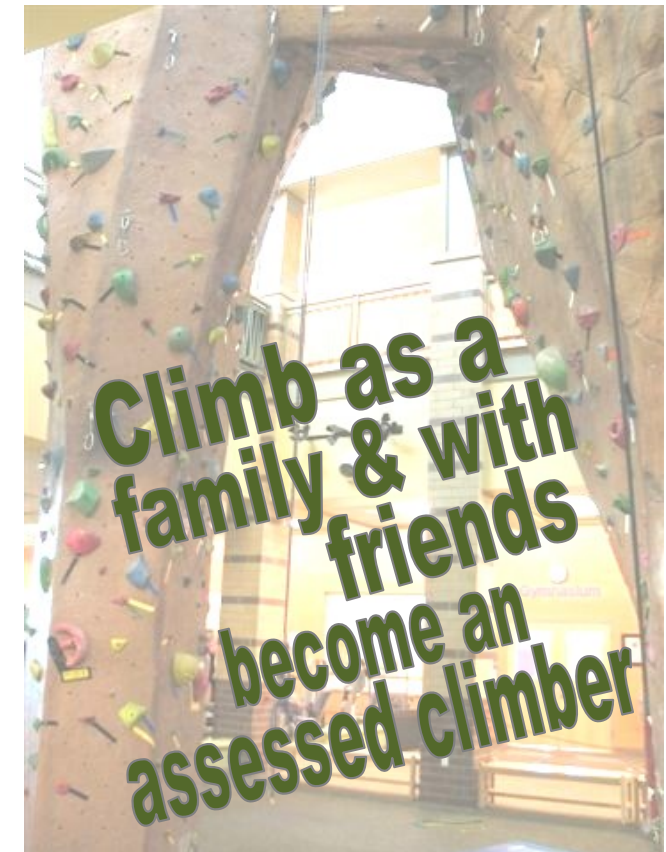
The Basics is designed to be a great starting point or refresher in understanding gear knots and rope handling skills (belay). Become proficient and comfortable with these skills then participate in a skills assessment, and climb anytime.

Age 15+

Next classes:

March 5 6-8:30pm \$20/\$26
 March 29 6-8:30pm \$20/\$26

NEW ADVENTURES



MARCH 2018 CLIMBING WALL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-10pm Open for Assessed climbers	5am-10pm Open for Assessed climbers	5am-10pm Open for Assessed climbers	5am-10pm Open for Assessed climbers	5am-6:30pm Open for Assessed climbers	7am-8pm Open for Assessed climbers	8am-6pm Open for Assessed climbers
6-9pm Belay Assessments available <u>** No Assessments</u> <u>March 5</u>			6-9pm Belay Assessments available <u>** No Assessments</u> <u>March 29</u>			2-5pm Belay Assessments available <u>** No Assessments</u> <u>March 25</u>