

## SKILLS ASSESSMENT INFO.

Top Rope Skills assessment requires an age of 15+. Tips for the assessment:

- Know the gear you are using
- Know the traced figure 8 knot & the appropriate finish knot. Know the appropriate length of rope needed and the placement for these knots along the rope.
- Set up the belay equipment correctly & appropriately for the gear you are using. Be familiar with all the gear being used.
- Clear & definitive partner checks.
- Lowering discussions with your climber. As the belayer offer lowering practice and guidance prior to climber climbing out of reach. Avoid assumptions of climber experience.
- Appropriate lowering speed and hand placements on the rope while lowering.
- This is an assessment of climbing skills, not a class or instruction based.

### Key points:

- Facility admission fees apply for the climber and the belayer.
- Have the PDRC climbing waiver prepared.
- **You will need to bring a climbing partner with you or a climber age 12+ to participate.**
- Time frame to complete the assessment depends on how well you know the information and how busy it is at the wall when you arrive.
- All climbers will be required to complete a climbing wall orientation once the assessment is completed.
- It can take more than one try to complete the assessment.
- All skills assessments and waivers are valid for one year and only apply to the PDRC climbing wall.

## AGES AND MORE

- We don't have a specific minimum age. Typically kids understand the concepts at about 4 years old. Kids need to respond to stop and follow directions well. Using concepts from school help, listening ears, walking feet, taking turns and others. Having these conversations with little ones prior to arriving at the climbing wall helps them understand expectations.
  - We encourage all assessed parents to work with young kids multiple times before letting them climb out of their reach. Being comfortable with lowering is key before encouraging kids to climb higher on a top rope.
- All guest climbers 14 and under need to be accompanied by an adult 18 or older with a completed and current waiver.
- To boulder the requirement is to be top rope assessed (15+), meeting the experience and orientation expectations.
- Please keep in mind we are not a climbing gym.
- Max # of climbers in a group or family is 6.
- If at any time staff feel you are not comfortable or competent with the gear or skills required your access to the climbing wall can and will be denied.
- If at any time you feel unsure of your skills it is your responsibility to opt out of the activity. Climbing has inherent risks and in addition requires ongoing practice and participation. You are welcome to repeat a skills assessment at anytime throughout the year, even though you are current in our records.

# CLIMBING WALL



PAUL DERDA  
RECREATION CENTER

MARCH—APRIL 2019



March 4 2019

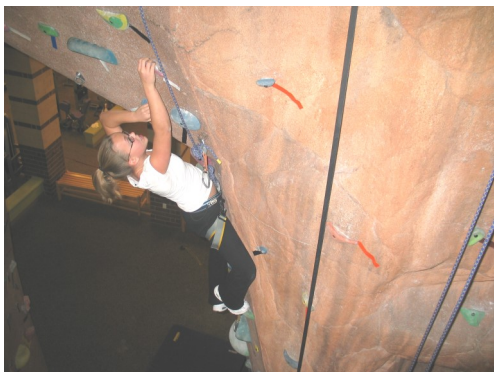
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303-460-6900

## MARCH -APRIL 2019 CLIMBING INFORMATION

Gaining access to the climbing wall requires an assessment of top rope climbing skills. Once this has been completed you are welcome to bring “guest climbers” to climb.

- A “guest climber” must be 1:1 with the assessed climber while in the climbing area. All other climbers can be watching from outside the fenced area, waiting to take a turn.
- A “guest climber” will only have access to a top rope while the assessed climber belays for them.
- No strollers or car seats with kiddos of any age in the fenced area or left unattended.



Notes and reminders:

- Everyone must have a completed waiver and release on file.
- We provide all equipment needed at no cost. *You must provide a Broomfield Recreation Services I.D. card to check out any equipment. We may or may not retain the card while you use the gear. Equipment is documented with the account & a fee can be applied if not returned.*
- All guest climbers 14 and under need to be accompanied by an adult 18 or older, with a completed and current waiver. At age 15 you can participate (with an assessed climber or as an assessed climber) without an adult present.
- To boulder you will be required to successfully complete a top rope assessment of skills & wall orientation. Age 15+
- Max # of climbers in a group or family is 6.
- All instruction is provided by staff.

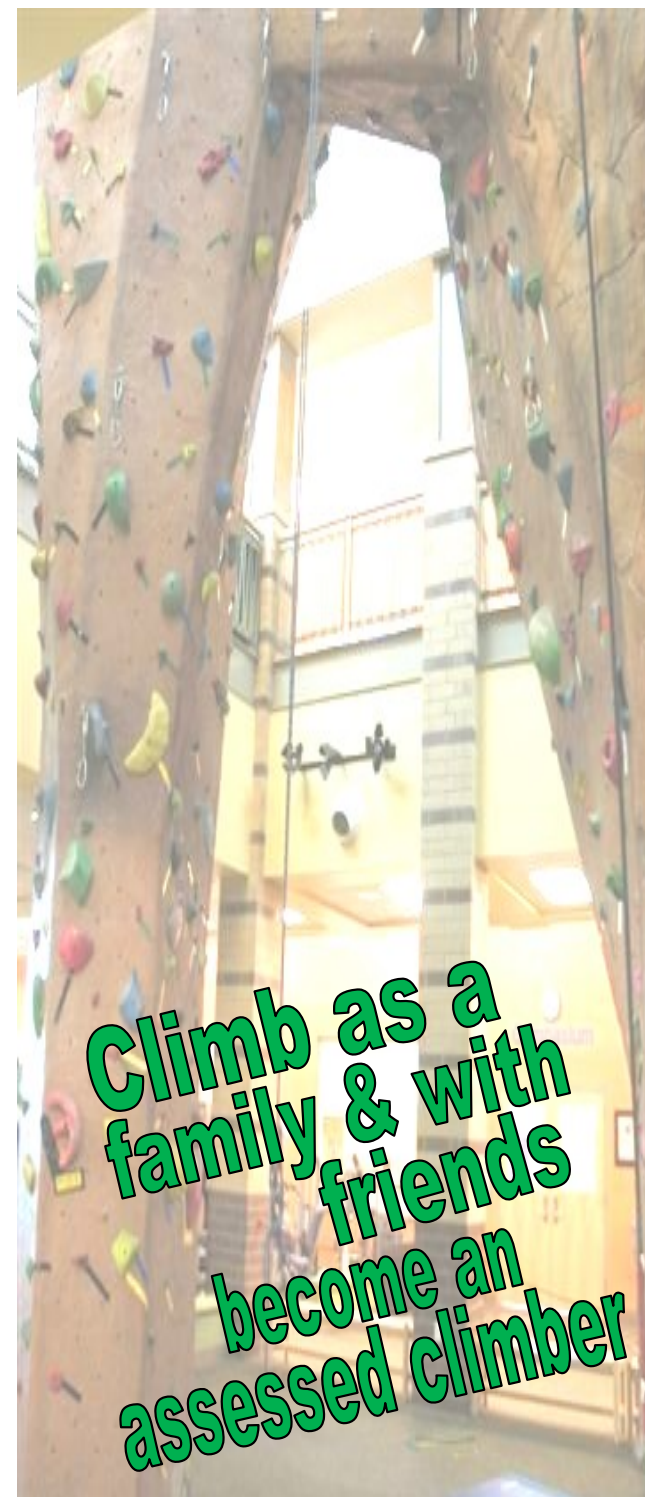
## MARCH-APRIL 2019 CLIMBING WALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-10pm Unsupervised and Open for Assessed climbers	5am-10pm Unsupervised and Open for Assessed climbers	5am-10pm Unsupervised and Open for Assessed climbers	5am-10pm Unsupervised and Open for Assessed climbers	5am-6:30pm Unsupervised and Open for Assessed climbers	7am-8pm Unsupervised and Open for Assessed climbers	8am-6pm Unsupervised and Open for Assessed climbers

The Auto belay is not available. Lead Climbing is not available.

For an assessment of skills, to gain access to the climbing wall, review the next page, then contact for availability:

- Melissa Kennington @ [mkenning@broomfield.org](mailto:mkenning@broomfield.org),
- Lywana Melvin @ [lmelvin@broomfield.org](mailto:lmelvin@broomfield.org), or
- Janice Strayve @ [jstrayve@broomfield.org](mailto:jstrayve@broomfield.org)



Climb as a  
family & with  
friends  
become an  
assessed climber