







Broomfield Meals on Wheels

September 2022

www.broomfieldseniors.com

Please call 303-464-5532 at least 24 hours in advance to add or cancel a meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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5 CLOSED 	6 Stuffed Peppers Salad Dessert	7 Healthy Hearts Chicken Provençale over Garlic-Mushroom Farro Salad Dessert	8 Braised Pork in Sweet Soy Sauce w/Jasmine Rice Salad Dessert	9 Slow-Simmered Beef w/Horseradish Sauce Salad Dessert
12 Honey Mustard Chicken Salad Dessert	13 Cheese Ravioli w/Garlic Bread Salad Dessert	14 BBQ Pulled Pork over Cheesy Grits Salad Dessert	15 Chicken Biryani over Basmati Rice Salad Dessert	16 Swiss Steak w/Sautéed Peppers Salad Dessert
19 Spaghetti & Meatballs Salad Dessert	20 BBQ Chicken Sandwich Salad Dessert	21 Healthy Hearts Thai Salmon over Vegetable Wild Rice Salad Dessert	22 Old Fashioned Meatloaf Salad Dessert	23 Oktoberfest Lunch Bratwurst w/Sauerkraut German Kartoffelpuffer (German Potato Pancakes) Speckbohnen (Green Beans) Beet & Feta Salad German Chocolate Cake
26 Chicken Cordon Bleu Salad Dessert	27 Rio Grande Pork w/Cornbread Salad Dessert	28 Hot Beef Sandwich Salad Dessert	29 Vegetable Cod over Lemon-Basil Quinoa Salad Dessert	30 Chicken Bruschetta Salad Dessert

Menu items are subject to change due to availability. Located at 280 Spader Way, Broomfield, CO 80020.