

# Lakeshore Café

## March 2026

[www.broomfieldseniors.com](http://www.broomfieldseniors.com)

Reservations required by 4 p.m. the business day before. Make reservations on B-rex.com or for help, call 303-464-5500, and press 8.

**Cancellation & Changes:** Cancellations and/or changes from Dine-in to Carry-out must be made **before 10 a.m.** the day of the lunch.

The kitchen cannot accommodate changes nor give credit back to your account after 10a.m., thank you.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Chicken &amp; Biscuits</b> Salad Dessert	<b>3</b> <b>Braised Pork in Sweet Soy Sauce over Jasmine Rice</b> Salad Dessert	<b>4</b> <b>Healthy Hearts</b> <b>Tomato-Fennel Cod over Rice Pilaf</b> Salad Dessert	<b>5</b> <b>Colorado Slopper (beef) w/Green Chile &amp; Cheese</b> Salad Dessert	<b>6</b> <b>Birthday Lunch</b> <b>Chicken Parmesan over Pesto Noodles</b> Salad Birthday Cake
<b>9</b> <b>Apricot Braised Pork w/Black Eyed Peas</b> Salad Dessert	<b>10</b> <b>Curried Chicken over Jasmine Rice</b> Salad Dessert	<b>11</b> <b>Swedish Meatballs over Wide Egg Noodles</b> Salad Dessert	<b>12</b> <b>Soft Tacos w/Pork Chile Verde, Cheese, Tomatoes Black Beans, Sour Cream</b> Salad Dessert	<b>13</b> <b>Vegetable Herbed Cod over Couscous</b> Salad Dessert
<b>16</b> <b>Chicken Cordon Bleu</b> Salad Dessert	<b>17</b> <b>St. Patrick's Lunch</b> <b>Corned Beef &amp; Cabbage</b> Parsley Potatoes Irish Soda Bread Muffin Dublin Pub Salad Irish Cream Bread Pudding	<b>18</b> <b>Healthy Hearts</b> <b>Salmon w/Creamy Dill Sauce over Vegetable Wild Rice</b> Salad Dessert	<b>19</b> <b>Hot Beef Sandwich</b> Salad Dessert	<b>20</b> <b>Vegetarian</b> <b>Eggplant Parmesan over Spaghetti</b> Salad Dessert
<b>23</b> <b>Cabbage Roll</b> Salad Dessert	<b>24</b> <b>BBQ Pulled Pork Sandwich</b> Salad Dessert	<b>25</b> <b>Mandarin Chicken Bowl (Rice)</b> Salad Dessert	<b>26</b> <b>Swiss Steak w/Sautéed Peppers</b> Salad Dessert	<b>27</b> <b>Vegetarian</b> <b>White Mac &amp; Cheese w/Sauteed Mushrooms, Sundried Tomatoes &amp; Broccoli</b> Salad Dessert
<b>30</b> <b>Bratwurst w/Sauerkraut</b> Salad Dessert	<b>31</b> <b>Chicken Bruschetta w/Roasted Red Potatoes</b> Salad Dessert			

Subject to change due to availability. Location: 280 Spader Way, Broomfield, CO 80020. Doors open at 11:30a.m. Please ask about food allergens in the meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Real Estate 2026: What's Ahead 12:30 Bridge	2 Purim Begins	3 8:00-10:00 Healthy Hearts Walking 10:00 Solo Aging & Care Planning 10:30 Parkinson's Support Group 12:00 Beginner Am. Mah Jongg Class 1:00 Am. Mah Jongg	4 12:30 Mexican Train 2:30 Lift Chocolate Tour	5 7:30 Pro Rodeo Hall of Fame Museum 8:00-10:00 Healthy Hearts Walking 9:00 Woodcarvers 9:45 Intermediate Line Dancing 1:00 Canasta	6 8:00-2:00 AARP Tax Aide 10:00 Parkinson's Care Partners Support Group 1:00 Needlework 1:30 Beginning Line Dance	7
8 10:30 Grief Support Group 12:30 Bridge	9 Daylight Saving Time Begins	10 8:00-10:00 Healthy Hearts Walking 1:00 Low Vision Peer Support 1:00 Am. Mah Jongg	11 12:30 Mexican Train 1:00 Active Adult New Member Meeting 1:00 Paragon Service Dogs Tour	12 8:00-2:00 AARP Tax Aide 8:00-10:00 Healthy Hearts Walking 9:00 Woodcarvers 9:45 Intermediate Line Dancing 10:00 You Only Die Once 1:00 Canasta	13 8:00-2:00 AARP Tax Aide 9:45 Stargazer Alpaca Farm 1:00 Needlework 1:30 Beginning Line Dance	14 12:00 OLOC (Old Lesbians Organizing for Change) Support Group
15 12:30 Bridge	16	17 8:00-10:00 Healthy Hearts Walking 8:00 Foot Care Clinic 10:00 Dementia Caregiver Support Group 12:00 Beginner Am. Mah Jongg Class 1:00 American Mah Jongg St. Patrick's Day	18 9:30 Tech Class for Older Adults 10:30 Tech Café 11:30 Cop Talk 12:30 Mexican Train 4:15 Dining: Birdhouse	19 8:00-10:00 Healthy Hearts Walking 9:00 Woodcarvers 9:45 Int. Line Dance 10:00 Opening to Care 1:00 Canasta 1:00 Estate Planning	20 8:00-2:00 AARP Tax Aide 9:30 Denver March Pow Wow 1:00 Needlework 1:30 Beginning Line Dance Spring Begins	21
22 9:15 Dinosaur Ridge Guided Bus Tour 10:30 Grief Support Group 12:30 Bridge	23	24 8:00-10:00 Healthy Hearts Walking 1:00 American Mah Jongg 1:00 Hearing Clinic 1:00 Stronger, Sharper, Safe: A Guide to Healthy Living for Older	25 12:30 Mexican Train	26 8:00-10:00 Healthy Hearts Walking 9:00 Woodcarvers 9:45 Intermediate Line Dancing 1:00 Canasta 2:30-4:30 Boot Scootin' Senior Dance	27 8:00-2:00 AARP Tax Aide 9:15 Denver Home Show 1:00 Needlework 1:30 Beginning Line Dance	28
29 8:45 Riverside Cemetery Civil War Tour 12:30 Bridge	30 Palm Sunday	31 8:00-10:00 Healthy Hearts Walking 1:00 American Mah Jongg	 <p>March 2026 CCOB Senior Services Programs</p>			

**BLACK – BROOMFIELD COMMUNITY CENTER    RED – PAUL DERDA RECREATION CENTER    BLUE – TRIPS AND TOURS**